

Face

Elemental Nature Facial

60 MIN \$99

Restore healthy balance to your skin with a custom essential aroma plant extract treatment. Visible results and long term benefits encourage skin care focus at home as well.

Aveda Enhanced Facials

Acne – Outer Peace

90 MIN \$109

Discover the most botanical control of acne ever – tamanu oil, saw palmetto and boswellia extracts – heal skin, control sebum, increase anti-oxidant activity.

Tourmaline Radiant Facial

90 MIN \$109

Mineral rich in Aveda’s “exclusive treatment” line improves mature or tired skins natural radiance by increasing your natural cellular renewal activity. It’s Aveda’s natural approach to microdermabrasion.

Green Science Facial

90 MIN \$109

Aveda’s most powerful firming and lifting facial. Our skin renewing blend of glucosamine, organic argon oil, and peptides to promote surface cell turnover to improve visible skin firmness.

Embrightenment Facial

90 MIN \$109

Through the use of powerful antioxidants and minerals Aveda’s blend will kick start your professional treatment of dark spots and discolouration through botanical resurfacing.

Fire and Ice Facial

90 MIN \$130

Deep resurfacing using the most powerful natural extracts. In the industry, this is called the “Red Carpet” facial.

Add a plant peel treatment to any facial for \$30.

Body

Back Treatment

60 MIN \$79

Designed to bring purity and balance to the skin. A combination of cleansing, exfoliation, massage and masque therapy leave you feeling soothed and relieved.

Rosemary Mind Awakening Body Wrap

60 MIN \$84

Renew body and mind with this stimulating and nurturing wrap. You are exfoliating, smoothed, softened, then wrapped. Essences of rosemary and peppermint will awaken your senses while a scalp and foot massage balance the whole body.

Aqua Polish (Salt Glow)

45 MIN \$84

A full body exfoliation and refinement using the therapeutic benefits of marine elements. Dead Sea salts, plant oils and enhanced with a personal aromatic blend followed with a Rainforest Shower session to complete this heavenly experience. The result is the most conditioned soft skin you'll ever experience!

Detox Steam Wrap/Facial

90 MIN \$125

First envelope yourself with a custom aromatherapy steam, followed by a warm wrap infused with your "Elemental nature" essential oils, as you melt away a renewing facial is performed.

Rainforest Remineralize

60 MIN \$115

An application of warmed hydrating herbal mixture is followed by a loofa exfoliation. You then are wrapped and warmed. A Rainforest Shower session rinses your body and masque away, finished by Aveda's own deep penetrating body lotion.

Citrus Glow

60 MIN \$79

A fresh grapefruit is cut and rubbed on your skin, so the fruits citric acid can loosen dead skin cells. A stimulating dry rub is next, followed by a hot towel compress and the finale of rosemary mint lotion is applied to rejuvenate - wonderful!

Caribbean Therapy

90 MIN \$135

A rejuvenating and nurturing body wrap that uses the healing touch and plant ingredients from the Caribbean to nurture and restore the body and sense. Dry exfoliation, smoothing and detoxifying seaweed masque wrap followed by Rainforest Hydrotherapy shower to cleanse you. Finished with Caribbean cream.

Esthetics • Manicures

Spa **60 MIN \$49**

A hand relieving treatment which includes care of nails and cuticles, a soft scrub, massage and either a paraffin dip or an intense hydrating masque.

Express **30 MIN \$30**

Simply to maintain and for last minute touchups, including shaping, buffing, hydrating and polish.

Gentleman's **30 MIN \$30**

Nail care therapy, shaping, cuticles, combined with an excellent hand massage and completed with a buff for a healthy shine.

Bio Gel Nails The industry's #1 botanical resin gel which is 80% non-toxic.

Regular Set **\$85 and up**

French Set **\$90 and up**

Regular Overlay **\$65 and up**

French Overlay **\$75 and up**

French Overlay on Toes **\$55 and up**

Colour Overlay on Toes **\$45 and up**

Regular Fill **\$45 and up**

French Fill **\$50 and up**

All fills over four weeks, add \$15

Esthetics • Pedicures

Caribbean **90 MIN \$90**

Soak in a milky oasis of Amyris flowers. Savour a mask of green and brown algae with sugar cane and ginger that detoxifies and exfoliates your feet. Next enjoy a soothing foot rub with Caribbean mango and Cocoa butter. Finally enjoy a dip in Eucalyptis paraffin.

Rosemary Mint **90 MIN \$79**

A cool refreshing spin on our spa pedicure. Exclusive to Aveda only. Deliciously invigorating!

Spa **90 MIN \$75**

A foot relieving treatment, complete with river rock foot bath, sea salt scrub, aromatic steam towels, cuticle and callus removal, as well as a divine massage, paraffin dip and polish application.

The Original **60 MIN \$65**

A maintenance pedicure which includes basic nail care, cuticle and callus removal, as well as a nourishing foot relieving massage, with polish to finish.

Men's **50 MIN \$54**

The attention he's needed! Cuticles, calluses, stress and tension are all taken away! Deep massage and buffing of nails are a must.

Add a gel overlay to your pedicure **\$45**

Add a Rainforest Shower or Aromatherapy Steam session before any treatment **\$15**

Enhance with paraffin – Hands or Feet **\$10**

Both hands and feet **\$18**

Add French Polish to any manicure or pedicure **\$10**

Massage

Elemental Nature

30 MIN \$45 • 60 MIN \$84 • 90 MIN \$105

A personalized experience based upon the Aveda philosophy and your favourite aroma. Depending on your needs a variety of massage techniques will be utilized.

Fusion Stone Massage

60 MIN \$90 • 90 MIN \$119

A seamless integration of soothing stone therapy, relaxing techniques and aromology are combined. The benefits of both warm and cool stones impart supreme benefits and heightened stress release.

Pure Plant Waxing

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|----------------------|-------------|
| Brow Wax | \$19 and up |
| Brow & Lip Wax | \$29 and up |
| Lip or Chin Wax | \$18 and up |
| Brow Tint | \$18 and up |
| Brow Wax and Tint | \$29 and up |
| Eyelash Tint | \$25 and up |
| Lash Tint & Brow Wax | \$35 and up |
| Regular Bikini Wax | \$35 and up |
| Brazilian Wax | \$65 and up |
| One-Half Legs | \$45 and up |
| Full Legs | \$75 and up |
| Back or Chest Wax | \$55 and up |
| Full Back & Chest | \$69 and up |
| Underarms | \$25 and up |
| Arms | \$30 and up |

Makeup

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|-------------------|-------------|
| Nova Lashes | \$175 |
| Nova Lashes Fills | \$85 |
| Bridal | 60 MIN \$50 |
| Makeup Lesson | 45 MIN \$40 |

Spa Packages

The Ultimate **6.6 Hours \$394**

An Aromatherapy steam session, custom aromatic walnut body scrub, 60 minute relaxation massage, spa lunch – customized, Elemental Nature Facial, Spa Manicure and Spa Pedicure.

Element of Relaxation **5 Hours \$269**

Aromatherapy steam session, customized Elemental Nature Facial, 30 minute massage, spa lunch, Spa Manicure and Spa Pedicure.

Element of Renewal **2 Hours \$129**

Aqua Polish (Salt Glow) treatment, followed by a rainforest hydrotherapy shower, 30 minute massage.

Element of Harmony **2.5 Hours \$184**

Rosemary mint body wrap, aromatherapy steam session, customized Elemental Nature Facial.

Element of Focus **3.5 Hours \$224**

Aromatherapy steam session, Elemental Nature Facial, Spa Manicure and Spa Pedicure.

Spa Packages Continued...

Spa Package for Him

2 Hours \$99

Aromatherapy steam, 30 minute massage, sport pedicure.

The Essential

2.5 Hours \$140

Rainforest hydrotherapy shower, 30 minute massage, regular pedicure and express manicure.

Executive Decision

1.5 Hours \$75

Aromatherapy steam, 30 minute massage and shampoo and style.

Couples Therapy

3.5 Hours \$334

Couples aromatherapy steam session, Gentleman's 60 minute massage, Women's Elemental Nature Facial, couples spa lunch, followed by couples Spa Pedicures – delightful!

The Finishing Touch

2.5 Hours \$169

Steam, "Elemental Nature Facial, make-up application, shampoo and style.